



## Detox Program

### Who We Serve

The Life Center of Galax detoxification program accepts adult men and women, age 18 and above, who have been incapable of managing their active substance use disorder prior to entering residential or day treatment.

Individuals who wish to participate in detox at Life Center must have a primary diagnosis of a substance use disorder and be in generally good health. We cannot provide detox services to individuals who are still in high school or who have a primary mental health diagnosis. Pregnant women cannot participate in opioid detox, but they may qualify for opioid maintenance or detox services for other substances.

All admissions decisions are made on a case-by-case basis following a thorough assessment of each person's unique needs and history.

### Program Overview

Detox at Life Center of Galax is closely supervised in a highly supportive environment where patients can complete withdrawal from alcohol, opioids, and other addictive substances with maximum safety and minimal discomfort. Interventions provided in our subacute medical detox program include stabilization services, non-acute primary care, and medication management.

Typical length of stay in detox is five to 14 days, though the specific amount of time that each patient spends in detox is based upon individual progress and physician assessment.



## **Therapies & Services**

During an individual's time in detox at Life Center, they will benefit from round-the-clock supervision and a broad scope of medical and therapeutic support. If necessary, prescription medications to ease discomfort or alleviate cravings may be administered by qualified professionals.

Patients are encouraged to participate in therapy while still in detox. In addition to promoting a more beneficial detox experience, therapy allows participants to immediately engage in their recovery.

## **Treatment Team**

All detox services at Life Center are provided by experienced and compassionate professionals. Our detox treatment teams include a psychiatrist, registered nurses (RNs), licensed practical nurses (LPNs), certified nursing assistants (CNAs), counselors, and other experts, all working under the supervision of our medical director.

In addition to possessing considerable training and superior skills, all detox professionals at Life Center are committed to providing world-class, personalized services in an atmosphere of dignity and respect.

