



# **Co-Occurring Disorders**

### Who We Serve

Life Center of Galax provides comprehensive, personalized care for adult men and women, age 18 and above, whose lives have been disrupted by substance abuse, chemical dependency, and certain co-occurring mental health disorders.

All prospective patients must have a primary diagnosis of a substance use disorder in order to be accepted into our program. We cannot accept patients whose co-occurring mental health disorders require acute psychiatric stabilization services.

#### Disorders We Treat

The following are among the more common co-occurring disorders for which men and women may receive treatment at Life Center of Galax:

- Anxiety disorders
- Bipolar disorder
- Borderline personality disorder
- Depressive disorders
- Obsessive-compulsive disorder (OCD)
- Posttraumatic stress disorder (PTSD)

Please note that this is not a comprehensive list of all cooccurring disorders that we treat. To determine if Life Center of Galax is prepared to meet your unique needs, or those of a loved one, please contact us at your convenience.



## **Treatment Options**

Adults who are struggling with addiction and co-occurring mental health disorders may participate in detoxification, residential treatment, and partial hospitalization programming (PHP) at Life Center of Galax.

At all levels, patients with co-occurring disorders receive personalized treatment plans to guide their care. Services in these plans may include assessments and testing; non-acute primary medical services; medication management; individual, group, and experiential therapy; family education and counseling; and additional interventions as needed.

#### **Treatment Team**

Treatment at Life Center of Galax is provided by teams of experienced and compassionate professionals. Depending upon patient need and the level at which they are receiving care, individuals who have co-occurring disorders may work with a medical director, a psychiatrist, a nurse practitioner, registered nurses (RNs), licensed practical nurses (LPNs), certified nursing assistants (CNAs), behavioral health associates, counselors, a dietitian, and other experts.

