

COMPREHENSIVE CARE

Life Center of Galax

For more than 40 years, Life Center of Galax has been a leading provider of clinically excellent care for adults age 18 and older who are struggling with addictions and co-occurring concerns. Our team offers personalized treatment for people who are battling addictions to a variety of substances, including alcohol, opioids, benzodiazepines, methamphetamines, heroin, prescription drugs, and cocaine.

It is our mission to provide exceptional and personalized care for every patient we serve.

Our Programs

In our residential program, we provide 24-hour care that includes medical, nursing, and detoxification services. We offer a dual diagnosis track and a variety of services, including:

- · Medical detoxification
- Medication management
- Individual, group, experiential, & family therapies
- · Faith-based curriculum
- · Specialized treatment for pregnant women
- Gender-specific services

People who do not require round-the-clock supervision but need a structured level of care can participate in our partial hospitalization program (PHP). In our PHP, we offer off-campus housing and flexible daytime treatment options.

Detoxification

Detoxification is often the first step in a patient's healing journey. Our detoxification services are available for adults age 18 and older. We provide medical interventions that include physician-prescribed medications and medical monitoring. Patients are able to participate in therapeutic programming while in detox. Our highly trained medical team may include a medical director, a psychiatrist, registered nurses, and certified nursing assistants.

Treatment for Co-Occurring Concerns

Our multidisciplinary team works with patients who are struggling with the following mental health concerns:

Anxiety

· Bipolar disorder

Obsessive-compulsive disorder (OCD)

Depression

- Borderline personality disorder (BPD)
- Posttraumatic stress disorder (PTSD)

Treatment and services for people who have co-occurring concerns may include a mental health evaluation, medication management, and specialty group sessions.

CONTACT US TODAY:





SPECIALTY PROGRAMMING FOR MEN

Life Center of Hillsville

Located on a beautiful, 100-acre campus, Life Center of Hillsville offers transformative care for men age 18 and older who are struggling with addictions and co-occurring concerns. We provide residential and PHP services for men who have the following:

- · Alcohol use disorder
- · Opioid use disorder
- · Benzodiazepine use disorder
- Methamphetamine use disorder
- · Cocaine use disorder
- · Heroin use disorder

- · Marijuana use disorder
- · Co-occurring concerns

Residential & PHP Services

Our abstinence-based residential program offers men a structured treatment environment where they can begin healing from addictions and co-occurring concerns. Men in our PHP live independently and participate in our full-day programming multiple times a week. While men in our residential program may receive medication management services, PHP patients self-administer medications outside of programming hours. In our PHP, we also offer medication-assisted treatment (MAT) for patients who are struggling with opioid addictions.

Treatment Overview

To support our patients on their unique path to healing, we offer multiple treatment modalities and services, including:

- · Cognitive behavioral therapy (CBT)
- 12-Step programming
- Psychoeducational & didactic group therapies
- Individual therapy
- Family therapy

- · Motivational interviewing
- · Art therapy
- · Physical recreation
- Healthy living & emotional wellness support
- Medication management

Patients at Life Center of Hillsville receive excellent care from a multidisciplinary team of professionals, including doctors, nurses, and counselors. Patients can enter our programs directly or as a step-down from a higher level of care. With the guidance of our team, our patients can learn how to cope with triggers and live healthy lives.

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